

## Introduction

This excellent course is designed for couples who really care about making their marriage relationship the best it can be. If you have a good marriage, it can become even better! The course is also great for cohabiting couples who want to see their relationship grow.

For five of the six weeks, we will be using the excellent 'Connect2' course published by the Christian organisation, Care For The Family. The material is very interesting and informative, simple to understand and highly practical.



## Thurrock Christian Fellowship

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## Thurrock Christian Fellowship

TCF Equipping Courses

## The Marriage Course



Led by Andy & Judith Acreman and  
John & Andrea Peters

Starting 20th February for Six Wednesdays  
7:45-9:45pm @ TCF Chase Road

# Course Content

1. **Love for a Lifetime**
2. **Communication and Differences**
3. **Resolving Conflict**
4. **Great Expectations**
5. **Intimacy, Romance and Sex**

The sixth week will include a further look at the marriage relationship; the topic will be decided nearer the time by the participants and course leaders together.

A typical evening will consist of a mixture of short talks by the presenters, discussions between all the participants, and also some verbal and written activities for couples to do between themselves.



We would like to reassure participants that they will not be 'put on the spot' and not asked to share anything personal, intimate or embarrassing with anyone else except their own partner.

Light refreshments will be provided each evening and there will normally be time for a short refreshment break in the middle. We will provide course notes and workbooks.

This is an interactive course and not just a teaching seminar. Couples must therefore make arrangements to attend all six sessions together. It is not suitable for individuals, whether married or otherwise. It is also not a marriage counselling programme, and is not aimed at couples whose relationship is in crisis (but we are able to offer support of a different kind).



So let us strongly encourage you to put your names down for what promises to be a highly enjoyable, interesting and rewarding six weeks. Spend some quality time with your partner. This course will be fun and could even change your life! To register, you may book online at [www.thurrockcf.churchedit.co.uk](http://www.thurrockcf.churchedit.co.uk) or contact the TCF Office on 01375 641667.